



SECTION III: STUDENT POLICIES 3390

Cardiac Arrest Prevention Policy

The Board of Education (“Board”) of the Insight School of Oklahoma (“School”) hereby adopts this cardiac arrest prevention policy. As used in this policy, “athletic activity” means any sport sanctioned and offered in grades seven through twelve by a school district. A student participating in or desiring to participate in an athletic activity and the student’s parent, or guardian shall, each school year and prior to participation by the student in an athletic activity, sign and return to the School an acknowledgement of receipt and review of a sudden cardiac arrest symptoms and warning signs information sheet jointly developed by the State Department of Health and the State Department of Education.

The Board directs the Executive Director to decide whether to hold an informational meeting prior to the start of each athletic season for all ages of competitors regarding the symptoms and warning signs of sudden cardiac arrest. In addition to students, parents, coaches, and other School officials, informational meetings may include physicians, pediatric cardiologists, and athletic trainers. Whether as a part of an informational meeting or otherwise, the Board directs the Executive Director to ensure a process is in place to ensure that the student and parent / guardian sign and return to the School the acknowledgment of receipt and review of the sudden cardiac arrest symptoms and warning signs information sheet discussed herein.

The Board directs the Executive Director to ensure protocols are in place to ensure that a student who collapses or faints without a concurrent head injury while participating in an athletic activity shall be removed by the coach from participation at that time; and that a student removed or prevented from participating in an athletic activity as provided for herein shall not return to participation until the student is evaluated and cleared for return to participation in writing by a health care provider as defined in Section 3090.2 of Title 63 of the Oklahoma Statutes.

Source: ISOK Board Policy adoption 10/10/2024

The Board directs the Executive Director to ensure protocols are in place so that once each year, a coach of an athletic activity, school nurses, and athletic trainers shall complete the:

1. The sudden cardiac arrest training course offered by a provider approved by the State Department of Health; and
2. Training in first aid, cardiopulmonary resuscitation, and use of an automated external defibrillator.

The training shall follow guidelines set by a nationally recognized, guidelines-based organization focused on emergency cardiovascular care. A coach of an athletic activity shall not coach the athletic activity until the coach completes the training course required in this policy.

The Executive Director is directed by the Board to develop a sudden cardiac emergency response plan. The plan shall be formulated by the Executive Director, or designee, and shall be presented to Board. The plan shall:

1. Establish and provide for membership of a sudden cardiac emergency response team for each School site. Each team shall include a School site administrator;
2. Activate the team in response to a sudden cardiac arrest;
3. Implement automated external defibrillator (AED) placement and routine maintenance within the School as needed and dictated by the plan and in accordance with guidelines set by a nationally recognized, guidelines-based organization focused on emergency cardiovascular care. The plan shall provide for implementation of clearly marked and easily accessible AED placement;
4. Provide for communication and dissemination of the plan throughout the School campus;
5. Require the response team to practice the plan by conducting periodic drills;
6. Provide for coordination with emergency medical service providers that serve the area in which the School is located;

7. Address athletic events and athletic facilities at each School site provided: (a) an AED shall be placed at each athletic venue or be accessible within one to three minutes of each venue where athletic practices or competitions are held, or (b) a mobile AED device shall be on the premises in accordance with guidelines set by a nationally recognized, guidelines-based organization focused on emergency cardiovascular care;
8. Provide for appropriate school staff to be trained in first aid, cardiopulmonary resuscitation, and the use of an AED in accordance with guidelines set by a nationally recognized, guidelines-based organization focused on emergency cardiovascular care. The plan shall stipulate the appropriate staff to receive training which shall include, but not be limited to, athletic coaches, school nurses, and athletic trainers; and
9. Be reviewed by the school district board of education and sudden cardiac emergency response team members and updated annually.

The Board directs the Executive Director to inform the sponsors of youth athletic activities not associated with the School that they are encouraged to follow the guidance stated in the Chase Morris Sudden Cardiac Arrest Prevention Act (the “Act”), and for these sponsors to inform the Executive Director in writing if they are going to follow the guidance in the Act.

Legal Reference: *OK S.B. 1921 (2024), Chase Morris Sudden Cardiac Arrest Prevention Act*